



CONSTITUTION OF YOGA ASSOCIATION OF SEYCHELLES

RULE 1: NAME OF THE ASSOCIATION

The Association shall be called the YOGA ASSOCIATION OF SEYCHELLES (YAS).

RULE 2: PLACE OF BUSINESS

The place of business of YAS shall be an address in Seychelles which YAS may determine.

RULE 3: AFFILIATION

Under the auspices of the National Sports Council, LUNGOS of its successor or assign, YAS will be affiliated with the following:

- a) International Federation of Yoga Sports
- b) Yoga Federation of India
- c) International Yoga Federation
- d) Other regional and international Associations with the approval of a General Meeting.

RULE 4: OBJECTIVES

- a) The objectives of YAS are :
 - i) to organise, promote and develop yoga at all levels in Seychelles;
 - ii) to organise classes for general public;
 - iii) to organise ASANAS competitions both nationally and internally and to offer, give, contribute or receive prizes or rewards;

- iv) to prepare rules and regulations concerning Yoga and to disseminate such rules and regulations;
 - v) to represent and promote the interest and welfare of the members of YAS;
 - vi) to develop, promote and assist with the coaching and training of Yoga members;
 - vii) to subscribe to or become a member of or to enter into the association or other arrangements with other bodies for the purpose of furthering the objectives of YAS;
 - viii) to raise funds for the purpose of carrying out the objectives of YAS;
 - ix) to purchase, hire, make or acquire or provide and maintain or otherwise purchase, sell or dispose of all kinds of equipment and other things required or necessary or which may be conveniently used, in connection with the objectives of YAS;
 - x) to purchase, lease, build or otherwise acquire and to own any real or other rights of property installations buildings, equipment or other appliances which may seem to YAS necessary or suitable or convenient for the YAS business or any part thereof on such terms and conditions as YAS shall deem expedient.
 - xi) to manage, deal and invest the funds of YAS in such manner as may be determined by YAS;
 - xii) to hire, employ or take on gratuitously all classes of persons considered necessary for the proper functioning of YAS;
 - xiii) to do such other things as may be incidental or conducive to or necessary for the better attainment of the objectives of YAS;
- b) The above objectives shall apply to instructors and officials of YAS in so far as applicable and reasonable.

RULE 5: MEMBERSHIP

A: TYPES OF MEMBERS

- i) Full Membership which shall entitle the holder thereof to be eligible to:
 - a) vote at the meetings of the YAS;
 - b) to serve on the Executive Committee;
 - c) generally participate fully in the activities of YAS.

ii) JUNIOR MEMBERSHIP

- a) generally participate fully in the activities of the Association;
- b) vote at meeting of the Association (only junior of 18 years and over);

iii) ASSOCIATE MEMBERSHIP

Which shall entitle the holder thereof to: participate fully in the activities of YAS except vote at YAS meetings or serve on the Executive Committee.

iv) HONORARY MEMBERSHIP

Which shall entitle the holder thereof to: participate fully in the activities of YAS except vote at YAS meetings or serve on the Executive Committee.

B: ELIGIBILITY

(i) FULL MEMBERSHIP

A person shall be eligible to become a full member of YAS or she is duly registered with YAS and he or she has attended 18 years.

- (ii) Junior membership shall be open to a young person who has not attained 18 years of age.

(iii) ASSOCIATE MEMBERSHIP

A person is eligible to become an associate member of YAS if his membership is proposed by at least two full members of YAS and if his nomination is subsequently approved by the Executive Committee.

(iv) HONORARY MEMBERSHIP

A person is eligible to become an honorary member of YAS if his membership is proposed by the Executive Committee and adopted by a General Meeting.

C: ADMISSION

The decision whether to admit or readmit a person for membership and the terms and conditions thereof shall be made by the Executive Committee.

D: REMOVAL OR CESSATION

A person shall cease to be a member if:

- (i) the membership is terminated by YAS for disciplinary, reasonable cause or other lawful reasons;
- (ii) the member resigns as a member by giving notice in writing to this effect to YAS;
- (iii) the member is in arrears with his subscription fee where applicable for 2 months or more.

E: A person whose membership has been rejected/terminated by the Executive Committee may within 14 days after receiving the notice rejecting/terminating the membership, appeal to a General Meeting against the decision and until a General Meeting confirm the decision the membership shall be have been suspended only, and the member shall remain a member of YAS but shall have no right to participate in any activity or meeting of YAS.

RULE 6: MEMBERSHIP AND SUBSCRIPTION FEE

A member shall pay such fee as the Executive Committee shall decide. YAS may exempt a member or a particular class of members from the requirement to pay any or part of any fees.

RULE 7: ANNUAL GENERAL MEETING (AGM)

A: ANNUAL GENERAL MEETING (AGM)

- i) YAS shall hold an Annual General Meeting of the members once every calendar year not later than the month of February the preceding year.
 - a) to elect Executive Committee members as presided for in this Constitution.
 - b) to approve or otherwise the audited accounts YAS for the last preceding financial year.
 - c) to review the activities of YAS for the last preceding year and to prepare a program of activities for the ensuing year.
 - d) to appoint or remove the auditor of YAS.

- e) to deal with any matter put before the AGM by the members on any matter which the AGM may resolve to transact at the meeting.
- ii) the Secretary shall send a written notice of 14 days to the members with an agenda of matters to be dissolved at the A.G.M.

B: EXTRA-ORDINARY GENERAL MEETING (E.G.M)

- i) A members meeting of YAS which is not the AGM shall be termed an Extra-ordinary General Meeting. An EGM may deal with any matter, other than matters specifically reserved by this Constitution to be dealt with an AGM.
- ii) The Executive Committee:
 - a) may at any time after giving the members 14 days notice in writing convene an EGM.
 - b) shall on the request of not less than two, thirds of the members entitled to vote at an AGM convene an EGM in the manner provided in sub-paragraph (b) (ii) (a).
- iii) A notice convening an EGM shall also specify the matters to be transacted at the meeting.

PROVIDING THAT, at an EGM, the members may by resolution deal with any matters not specified in the notice.

C: QUORUM

Subject to the Registration of Associations Act, the quorum for General Meetings shall be two third members of YAS entitled to vote at a YAS meeting.

D: VOTING

Voting at all AGMs or EGMs shall be by show of hands or by secret ballot as may be decided by the majority of members present. Each member entitled to vote at the meeting shall have one vote and, unless contrary to any laws of Seychelles, this Constitution, or a resolution of a General Meeting provide otherwise, any matter to be decided at a General Meeting shall be decided by a simple majority of votes of members present and voting.

E: PRESIDING OFFICER AT GENERAL MEETING

A General Meeting shall be presided over by the Chairman of YAS and in the absence of the Chairman by a Vice-Chairman elected by a majority of members of the meeting.

RULE 8: EXECUTIVE COMMITTEE

YAS shall have an Executive Committee.

A: NUMBER OF MEMBERS OF THE EXECUTIVE COMMITTEE AND THEIR ELECTION

- (i) the Executive Committee shall consist of at least 7 members who shall, subject to sub-paragraph (b) be elected at the AGM for a period of two years and they shall be eligible for re-election.
- (ii) a member wishing to serve on the Association Executive Committee shall fill an Association Nomination form and send it to the Association not later than 7 days before the Annual General Meeting with indication of the position.
- (iii) where a vacancy occurs on the Executive Committee between AGMs the vacancy shall be filled by the Executive Committee.
- (iv) a person appointed to fill a casual vacancy shall retire at the next AGM.
- (v) The Executive Committee shall be made up of:
 - a) Chairman
 - b) Vice-Chairman
 - c) Secretary
 - d) Treasurer
 - e) 3 ordinary members
- (vi) The office which an Executive Committee member occupies and the duties attached to that office shall be determined at the AGM.
- (vii) The Chairman of the Executive Committee shall be the Chairman of YAS.
- (viii) All lawful acts done by or under the authority of the Executive Committee in good faith shall be deemed to be the acts of YAS and shall be binding on each individual member of YAS indemnified by YAS for any reasonable costs, losses or expenses which they may incur or become liable for, by reason of any done by the person as Executive Committee Member or in any way in the discharge of his or her duties.

B: REMOVAL OF RESIGNATION OF EXECUTIVE COMMITTEE MEMBER

- (i) An Executive Committee member may be removed from office by the members at a General Meeting.
- (ii) An Executive Committee member resign from the Committee by giving thirty days notice in writing to :
 - a) in the case of the Secretary, the Chairman or Vice-Chairman;
 - b) in any other case, the Secretary.
- (iii) A person shall cease to be an Executive Committee Member if he or she ceases to be a member of YAS.
- (iv) A person shall cease to be a YAS member of the Executive Committee if he or she fails to attend three Consecutive committee meeting without good and sufficient reason.

C: POWERS OF THE EXECUTIVE COMMITTEE

Subject to this Constitution and any direction which a General Meeting may give to the Executive Committee the Executive Committee shall:

- (i) deal with the assets of YAS and generally manage the affairs of YAS for the purpose of carrying out the Executive Committee;
- (ii) represent YAS and deal in all matters of YAS not specifically reserved by a General Meeting for the decision of the members at a General Meeting;
- (iii) be responsible for deciding on the admission or removal of any person as a member and including the appointment or removal of an auditor;
- (iv) convene a General Meeting in accordance with this Constitution;
- (v) deal with any matter a General Meeting may from time to time assign to it.

D. DUTIES OF THE OFFICE BEARERS

The Chairperson:

- shall be the head of the Association responsible to ensure the proper functioning of the Association's activities and shall act on its behalf under the direction of the Board;
- Shall manage the Association's staff if any;
- Shall preside over all meetings;
- Shall at the Annual Meeting, submit a report on the work of the Association;
- Shall have an extra vote on decisions to be taken by ballot by the Board in case where there is a tie;
- Shall sign cheques drawn on behalf of the Association along with the Treasurer.

The Vice-Chairperson:

- Shall replace the Chairperson in his/her absence and preside over all meetings;
- Shall sign cheques drawn on behalf of Association along with the Treasurer.

The Secretary:

- Shall convene all meetings of the Association and draw up the proceedings of the meetings;
- Shall after confirmation, countersign the minutes along with the Chairperson;
- Shall be responsible for all the correspondence. He/she shall be in charge of all secretarial duties;
- Shall have custody of the records of the Association and keep a register of members;

- In the absence of the Secretary, the Board shall nominate a member from the Association to replace him/her during the period of his/her absence.

The Treasurer

- Shall give advice on financial matters to the Board;
- Shall keep proper accounts and a record of all financial and related matters of the Association and shall in respect of each financial year; prepare a statement of accounts;
- Shall cause the accounts to be audited by an auditor appointed under this constitution;
- Shall sign cheques drawn up on behalf of the Association along with the Chairperson or Vice-Chairperson.

E: QUORUM

The quorum of an Executive Committee Meeting shall be four.

F: VOTING

Voting at all Executive Committee meetings shall be by show of hands or by secret ballot as may be decided by the majority of its members. Each member shall have one vote but the Chairman shall have an additional vote in the event of an equality of votes.

G: PROCEEDINGS

- (i) The Executive Committee may transact any business by circulation of papers and a proposal agreed to in writing by a majority of its members has the same effect as if it were an Executive Committee decision made at its meeting;
- (ii) Except as is otherwise provided in this Constitution the Executive Committee shall regulate its own proceedings including the regularity of its meetings;
- (iii) Notice of meetings of the Committee shall be sent to all Committee members

H: RECORDS

The Executive Committee shall keep a written record of all its proceedings.

RULE 9: SUB-COMMITTEES

- a) The Executive Committee may set up sub-committees for the purpose of dealing with any matter;
- b) Sub-committee Members shall be appointed by the Executive Committee.

RULE 10: BOOKS AND INSPECTION

- a) The Treasurer shall keep proper accounts and a record of all financial and related matters of YAS and shall in respect of each financial year prepare a statement of accounts in such form as an AGM may resolve.
- b) The Treasurer shall cause the accounts and financial records to be audited by an auditor appointed at an AGM or by the Executive Committee.
- c) The audited statement of accounts shall be presented to the AGM for its approval or otherwise.
- d) The records of Executive Committee proceedings and General Meetings, the audited accounts and the record containing the names of the members shall be open to inspection by the members during such reasonable times and places which the Executive Committee may notify to the members.

RULE 11: PROPERTY OF YAS

- a) The property of YAS shall belong to the members of YAS. No member shall have an assignable or transferable right or interest in the property and assets of YAS by reason of his membership only.

RULE 12: BYE-LAWS AND REGULATIONS

YAS may make bye-laws and regulations in respect of any matter, including the imposition of fines on any member and the forfeiture of any sum belonging to a member in the possession of YAS.

RULE 13: AMENDMENT TO CONSTITUTION

The members may, subject to the laws of Seychelles amend this Constitution by Resolution at a General Meeting attended by at least three fifths of YAS members and such resolution shall be adopted by at least two thirds of the members present.

RULE 14: DISSOLUTION

The members may, subject to the laws of Seychelles dissolve YAS.

Certified by the Secretary and the Members as being a true copy of the CONSTITUTION and RULES OF THE YOGA ASSOCIATION OF SEYCHELLES as adopted by the members at the General Meeting held at Victoria, Mahe.

Dated this eleventh Day of June 2012

.....
SECRETARY